



DINING WITH DIGNITY

Texture Modification Training

For Compliance with Dysphagia Diets in Nursing and Care Homes

- Many residents with Dysphagia live in care homes and there are many reasons why someone may need to eat a textured diet.
- Dysphagia carries with it risks such as choking, aspiration, malnutrition and dehydration.
- Texture modification is a key element in reducing risk.
- Workshops are open to care home staff, caterers and chefs.
- Contact us today to organise your training.



What is covered during training?

- Essential Communication for The kitchen
- Why a Textured Modified Diet?
- The risk associated with Dysphagia (swallowing problems)
- Weight loss prevention
- Methods/preparation of cooking meat and vegetables to enable the delivery of the National Descriptor Standards
- To include presentation and texture consistencies
- Audit tool included to check compliance.
- Improved dining experience for residents.